



Kia ora , nau mai haere mai .

Taumata, is where anyone, regardless who they are, can aspire to attain, strive for the very best, that they themselves can achieve. The only person to stand in your way, is yourself.

We are now fully operational at 8 Marphona Crescent, Takanini.

Contact Cell Numbers

Kaiwhiwhi / Owners

Garry: 0220843406

Kerry: 0221770726

check out our website - www.crossfittaumata.co.nz, contact us on

info@CrossFitTaumata.co.nz or

look us up on Face book at <https://www.facebook.com/crossfittaumata>

The following information includes,

- Membership fees and how to pay via EZIDEBIT
- Introduction Course
- Crossfit Kids
- INFLUX Booking system
- Notices, updates

Membership Prices

These are our current membership options.. nice and simple.

<p><u>“SENIOR CROSSFITTERS”</u></p> <p>AN ADDED INCENTIVE FOR ALL <u>55 YEAR YOUNG ATHLETES</u> , IS THAT YOUR MEMBERSHIP WILL REMAIN AT 200.00 PER MONTH, FOR A CONTINUED JOURNEY, UNLIMITED, MONTHLY HERE AT CF TAUMATA.</p>	
<u>MONTHLY UNLIMITED</u>	
• FOR ONE FAMILY MEMBER ONLY	220.00
• SECOND FAMILY MEMBER	200.00
• FRONTLINE MEMBERSHIP	200.00
STUDENT MEMBERSHIP (FULL TIME SECONDARY OR TERTIARY)	150.00
CONCESSION CARD	160.00
CASUAL VISIT	20.00
WHANAU MEMBERSHIPS (UNLIMITED MONTHLY)	
1 PARENT AND 1 STUDENT	320.00
1 PARENT PLUS 2 STUDENTS	400.00
2 PARENTS PLUS 1 STUDENT	450.00
2 PARENTS PLUS 2 STUDENTS	500.00
<p>IF YOU HAVE ANY QUERIES, PLEASE DON'T HESITATE TO LET US KNOW. NAU MAI, HAERE MAI ANO.</p>	

EZI DEBIT

When paying your fees, especially Unlimited Memberships, we would like to encourage all our members, to use EZI DEBIT, this not only saves you a headache but also our admin team as well. Using this system allows your payment to be placed automatically against the INFLUX booking in system, it also means that we do not have to chase you around the box for unpaid fees.

Please note there is an admin fee that is deducted by EZIDEBIT with your membership fee, this can be explained further to you if necessary.

Those paying by cash or bank deposit, this actually generates more admin work, especially if we have to follow up on unpaid/late memberships.

So please, if you choose this option your payments must always be on time and the correct amount paid as well.

NOTE: that an admin fee may be charged for those paying by cash or by Internet banking.

INTRODUCTION COURSE.

We encourage those that are new to Crossfit to enroll and complete the Introduction Course, before attending the mainstream classes. In these classes, you will learn all about Crossfit and nutrition in a small group setting, with like-minded people and experienced coaches.

The course runs for 6 weeks, every Tuesday and Thursday at 7pm, and then again on Saturday mornings at 8.30am.

These courses are run during the year, notifications will be sent out when the next course is due to begin.

Course fees: \$250 which includes a Crossfit Taumata T shirt.

Fees payable by Internet or cash.

Bank Account Details: BNZ. Crossfit Taumata 02 0191 0367410 00

For further information, check out our website - www.crossfittaumata.co.nz,

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We are excited that we can now offer **Taumata Crossfit Kids** .

We have seen major changes in the lives of children (and parents !!) who's tamariki choose to embark down this road.

The CFT Kids classes will be a maximum of 45 min and will start at 3.45pm to 4.30pm Thurs. and Fri.

Crossfit Kids is a structured fitness programme and as such has a few rules that we must all agree to so that we can best protect your child and ensure that their journey is a safe and fun filled experience while they are at CFT.

Costs:

1 term = 9 weeks; 2 sessions per week (Thurs. and Fri)

Fees: \$180 per term (\$160 if paid in full before term starts)

Second child: \$140 (\$120 if paid in full before term starts)

Let us know if you are interested.

WANT TO JOIN IN ON A WOD? BOOK IN!!

Currently we use the INFLUX booking in system. This is the application that you will use to book into any of our scheduled classes. We ask you to book in online so as your coaches are aware of numbers in the class, ensuring at all times that quality coaching is maintained at all times.

Once you have purchased your membership, you will be sent an invite email, which you need to accept before you can book into any class. Just follow the instructions from that email and you'll be away.

HOW WILL YOU KNOW WHATS HAPPENING AT THE BOX?

Keep an eye on our notice boards, as well as our Box Facebook page, one of our admins will add you to that "secret page"

We also have a public Facebook page, to keep members updated with what's happening, so you will always be kept up to date.

<https://www.facebook.com/crossfittaumata>

Thank you for allowing us to be part of your Crossfit journey, don't hesitate to ask if you have any queries.